

The Stations of the Cross



When we pray the Stations of the Cross, we walk with Jesus through the most significant moments of his passion. Traditionally there are fourteen stations. Although, the *Scriptural Stations of the Cross* introduced by Saint John Paul II in 1991 add a fifteenth station. The Stations are often represented in pictorial form along Church walls and are celebrated as a “walking prayer”. At each Station we are invited to take time to meditate on what is taking place and to contemplate its significance for our lives.

The Scriptural Stations of the Cross are:

- First station: Jesus in the Garden of Gethsemane
- Second station: Jesus is betrayed by Judas and arrested
- Third station: Jesus is condemned by the Sanhedrin
- Fourth station: Jesus is denied by Peter
- Fifth station: Jesus is judged by Pontius Pilate
- Sixth station: Jesus is scourged at the pillar and crowned with thorns
- Seventh station: Jesus bears the cross
- Eighth station: Jesus is helped by Simon the Cyrenian to carry the cross
- Ninth station: Jesus meets the women of Jerusalem
- Tenth station: Jesus is crucified
- Eleventh station: Jesus promises his Kingdom to the repentant thief
- Twelfth station: Jesus speaks to his mother and the Beloved Disciple
- Thirteenth station: Jesus dies on the cross
- Fourteenth station: Jesus is placed in the tomb
- Fifteenth station: The Resurrection

At each Station pray ...

We adore you, O Christ and we bless you, because by your holy Cross you have redeemed the world. Amen